IOWA'S MONTHLY FOOD ASSISTANCE ALLOTMENT

		Household Size	
Effective Date	Two	Three	Four
October 1, 2000	\$ 238	\$ 341	\$ 434
October 1, 2001	248	356	454
October 1, 2002	256	366	465
October 1, 2003	259	371	471
October 1, 2004	274	393	499
October 1, 2005	278	399	506
October 1, 2006	284	408	518
October 1, 2007	298	426	542
October 1, 2008	323	463	588
October 1, 2009	367	526	668

Notes:

- The food assistance allotment shown above is the maximum monthly amount that size household would receive if the income was zero or negligible.
- 2) The amounts above CANNOT be added to the Family Investment Program payment for that family size since specific circumstances for each case may vary and must be used to calculate the proper allotment of food assistance.
- Since October 1994, the growth in the monthly food assistance allotment for a household size of three has been approximately 73.0%, while the average growth in prices has been 44.4% over the same period.

Source: Department of Human Services